

CLAIMS

In light of the foregoing description, I claim:

- 5 1. A business method of hotel construction, operation or renovation for centering a hotel around a fitness center so that said fitness center is visible from a hotel lobby, comprising the steps of:
Providing a location for said fitness center that is adjacent to and visible from said hotel lobby; and
10 Using a glass or otherwise translucent material partition to separate said fitness center from said hotel lobby.
2. The business method of claim one wherein said fitness center includes a cardiovascular and strength equipment room.
- 15 3. The business method of claim one wherein said fitness center includes a running track.
4. The business method of claim one wherein the fitness center includes a
20 basketball court.
5. The business method of claim one wherein said fitness center includes at least one group exercise room.
- 25 6. The business method of claim one wherein said fitness center includes at least one independent exercise room.
7. The business method of claim one wherein said fitness center contains a spa facility.
- 30 8. The business method of claim one wherein said fitness center contains men and women's locker rooms.
9. The business method of claim eight wherein said locker rooms contain men

35 and women's restroom facilities.

10. The business method of claim one wherein said fitness center includes a cardiovascular and strength equipment room, a running track, a basketball court and men and women's locker rooms.

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11. The business method of claim one wherein said fitness center includes a cardiovascular and strength equipment room, a running track, at least one group exercise room and men and women's locker rooms.

45 12. The business method of claim one wherein said fitness center includes a cardiovascular and strength equipment room, a running track, at least one independent exercise room and men and women's locker rooms.

13. The business method of claim one wherein said fitness center includes a cardiovascular and strength equipment room, a running track, a spa facility, and men
50 and women's locker rooms.

14. The business method of claim one wherein said fitness center includes a running track, a basketball court, at least one group exercise room, at least one
55 independent exercise room, a spa facility and men and women's locker rooms.

15. The business method of claim one wherein said partition is made of Plexiglas.

16. The business method of claim one wherein the said partition is made of clear
60 glass.

17. The business method of claim one wherein said partition is made of a plastic material.

65 18. The business method of claim one wherein said partition is made of smoked glass.

19. The business method of claim one wherein both opaque and non-opaque

panels comprise said partition in whole or in part.

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20. The business method of claim one, further comprising the step of providing a food and beverage bar adjacent to said hotel lobby and said fitness center.

75 21. The business method of claim fourteen further comprising the step of providing a smoothie bar adjacent to said hotel lobby and said fitness center.

22. The business method of claim one, further comprising the step of providing a retail area offering fitness apparel for sale.

80 23. The business method of claim one, further comprising the step of providing a retail area offering personal exercise equipment for sale.

85 24. The business method of claim fourteen, further comprising the steps of:
providing a food and beverage bar adjacent to said hotel lobby and said fitness center;
and
providing a retail area offering at least one of the following items for sale:
personal exercise equipment for sale; and/or
fitness apparel.

90 25. A business method of multi-unit dwelling construction, operation or renovation for centering a multi-unit dwelling around a fitness center so that said fitness center is visible from a multi-unit dwelling lobby, comprising the steps of:

95 Providing a location for said fitness center that is adjacent to and visible from said multi-unit dwelling lobby; and
Using a glass or otherwise translucent material partition to separate said fitness center from said multi-unit dwelling lobby.

26. The business method of claim twenty-five wherein said fitness center includes
100 a cardiovascular and strength equipment room.

27. The business method of claim twenty-five wherein said fitness center includes

a running track.

105 28. The business method of claim twenty-five wherein the fitness center includes a basketball court.

29. The business method of claim twenty-five wherein said fitness center includes at least one group exercise room.

110 30. The business method of claim twenty-five wherein said fitness center includes at least one independent exercise room.

115 31. The business method of claim twenty-five wherein said fitness center contains a spa facility.

32. The business method of claim twenty-five wherein said fitness center contains men and women's locker rooms.

120 33. The business method of claim thirty-two wherein said locker rooms contain men and women's restroom facilities.

125 34. The business method of claim twenty-five wherein said fitness center includes a cardiovascular and strength equipment room, a running track, a basketball court and men and women's locker rooms.

35. The business method of claim twenty-five wherein said fitness center includes a cardiovascular and strength equipment room, a running track, at least one group exercise room and men and women's locker rooms.

130 36. The business method of claim twenty-five wherein said fitness center includes a cardiovascular and strength equipment room, a running track, at least one independent exercise room and men and women's locker rooms.

135 37. The business method of claim twenty-five wherein said fitness center includes a cardiovascular and strength equipment room, a running track, a spa facility, and men

and women's locker rooms.

140 38. The business method of claim twenty-five wherein said fitness center includes a running track, a basketball court, at least one group exercise room, at least one independent exercise room, a spa facility and men and women's locker rooms.

39. The business method of claim twenty-five wherein said partition is made of Plexiglas.

145 40. The business method of claim twenty-five wherein the said partition is made of clear glass.

150 41. The business method of claim twenty-five wherein said partition is made of a plastic material.

42. The business method of claim twenty-five wherein said partition is made of smoked glass.

155 43. The business method of claim twenty-five wherein both opaque and non-opaque panels comprise said partition in whole or in part.

160 44. The business method of claim twenty-five, further comprising the step of providing a food and beverage bar adjacent to said multi-unit dwelling lobby and said fitness center.

45. The business method of claim thirty-six further comprising the step of providing a smoothie bar adjacent to said multi-unit dwelling lobby and said fitness center.

165 46. The business method of claim twenty-five, further comprising the step of providing a retail area offering fitness apparel for sale.

170 47. The business method of claim twenty-five, further comprising the step of providing a retail area offering personal exercise equipment for sale.

48. The business method of claim thirty-eight, further comprising the steps of:
providing a food and beverage bar adjacent to said multi-unit dwelling lobby
and said fitness center;
175 and
providing a retail area offering at least one of the following items for sale:
personal exercise equipment for sale; and/or
fitness apparel.
- 180 49. The business method of claim three, wherein said running track is outdoors.
50. The business method of claim three, wherein said running track is indoors.
51. The business method of claim four, wherein said basketball court is outdoors.
- 185 52. The business method of claim four, wherein said basketball court is indoor.
53. The business method of claim one, wherein said partition is made of any
material that is translucent in whole or in part, and that provides a sound barrier.
- 190 54. The business method of claim twenty-five, wherein said partition is made of
any material that is translucent in whole or in part, and that provides a sound barrier.